

## Channel 31: Kids in the Kitchen

Linking cooking and reading books



Producer

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This program is broadcast in Victoria and in Brisbane

KIK Episode 24. Platypus Muddy Bubbles (Hazel reading 'Plato the Platypus Plumber (part-time)

KIK Episode 25 Hippo Prints Pancakes (Hazel reading 'Hooray! There's a hippopotamus on Our Roof Having a Birthday Party')



Books and food go together well.

For community Channel 31, Kids in the Kitchen cooking program, Hazel read her picture books 'Plato the Platypus Plumber(part-time) and 'Hooray! There's a Hippopotamus on Our Roof Having a Birthday Party' with recipes created and cooked on camera by two 10 year olds: Truman Sheffield & Peter Kaltzis.

Although the TV program can be viewed, other children who cook and read might like to experiment with their own creations.

Book details and book trailer here.

[http://www.hazeledwards.com/page/plato\\_the\\_platypus\\_plumber.html](http://www.hazeledwards.com/page/plato_the_platypus_plumber.html)

[http://www.hazeledwards.com/page/hooray\\_theres\\_a\\_hippopotamus\\_on\\_our\\_roof\\_having\\_a\\_birthday\\_party.html](http://www.hazeledwards.com/page/hooray_theres_a_hippopotamus_on_our_roof_having_a_birthday_party.html)

Task: Read the picture book and create a simple recipe which links in some way with the story.

e.g 'Plato the Platypus Plumber (part-time)' has a toolkit for fixing grumpy people. So you could have vegetables or biscuits in tool shapes like spanners. On the endpapers of the book are prints made by the platypus, so you could make pancake prints (pikelets).

Another idea is Muddy Milk or Platypus Muddy Bubbles (chocolate crackles)

Since Plato is a plumber who fixes watery problems, any food with water is ok.

Try

- *Platypus prints which are mini pancakes*
- *Tool- kit shaped vegetables in dip*
- *Spanner biscuits*

What Do You Need to Do?

- List the ingredients.
- Work out the exact amounts and what they will cost.
- Buy the ingredients
- Practise at home several times.
- Get family to taste- test your recipe & give it a name
- Next, cook or assemble it before the TV camera.
- Audience is your age or maybe younger.

- Think of interesting things to say to the camera while you are cooking. And what to do if things go wrong.(That's ok)

### **Muddy Milk**

Mix Milo with milk



### **Platypus Muddy Bubbles**

(Since platypus breathe under water...and there are bubbles...)

Ingredients:

4 cups rice bubbles  
1 cup coconut  
1 cup icing sugar  
250gms coha  
3 tablespoons Milo

Method;

Mix rice bubbles, icing sugar, coconut and Milo.  
Slowly melt coha in saucepan.  
Cool. Add to mixture.  
Spoon into patty cakes.  
Put in 'fridge.  
Makes about 20

(Optional) Add shrimp shape

NB Real platypus feed on shrimp, fish, larvae and small crustaceans that live underwater.

### **Platypus or Hippo Prints**

Ingredients:

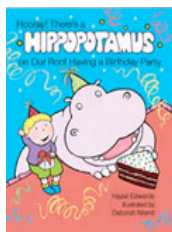
1 cup of Self Raising Flour  
pinch salt  
2 tablespoons of sugar  
1 egg  
½ cup of sour milk(with teaspoon of vinegar added)  
2 teaspoons of melted butter/oil

Sift flour, salt and soda in bowl  
Make well in centre, add sugar, egg, milk and butter.  
Stir flour in from sides to make smooth batter.

Put tablespoonful on hot pan,  
Cook until bubbly on top and brown underneath. Turn to brown other side. Eat.

### **Platypus Creek Dip**

Vegetable sticks scraped and cut from carrots, celery etc  
Hummus or some muddy vegetable dip



## Hippo Birthday Party Ant Bread

In 'Hooray! There's a Hippopotamus on Our Roof Having a Birthday Party', the children have tiger biscuits, lion cupcakes and vegetables in animal shapes with a birthday mudcake. But hippo likes the chocolate ant bread best.

### Ant Bread

Ingredients:

4 slices of buttered bread  
chocolate sprinkles or sultanas

Cover bread with sultanas or sprinkles.

### Vegetables in Animal Shapes

Scrape and cut available raw vegetables into chip shapes.

Create & eat designer animals e.g. carrot eyes, celery legs.

*Question: 'Who made the hippo's cake?'*

*Author response: 'Who do you think?'*

*'He probably went to Cake School to learn cooking cakes.' 5 year old's response*

Healthy eating means fewer cakes. But this cake-eating hippo has always been alternative: fish cakes, rice cakes, mud cakes and even carrot cakes because hippos do eat carrots.

The hippo was created in 1980, so why not create your own recipe pages for each year the hippo has been around. Some suggestions have been:

- Hippo-shaped cake
- A recipe for a friend ( what ingredients would you need?)
- Birthday Cake
- Muddy Food
- Hippo footprints ( biscuits with fork marks)
- Hippo Blood ( red drink)
- Hippo dandruff ( white marshmallows)
- Left-overs
- Muffin Tops
- Roof tile biscuits
- Salad Jungle
- Hippo coloured food
- Letter biscuits to spell the word HIPPO
- Icecream cake
- Rice cakes (balls)
- Potato Cakes
- Fish cakes

- Question Mark Cake: imagine the taste
- Burnt Buns
- Mud slab cake

List five meals/ recipes hippo wants to learn to cook.

Check [www.hazeledwards.com](http://www.hazeledwards.com) for cake –eating bibliography, publisher , teacher resources and curriculum links