Discussion Activity: What Makes a Hero?

Who is your hero?

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(Today the word ‘hero’ is used for males or females.)

Q & A

‘Is being a ‘celeb’ the same as being a hero?’

‘No.’

A ‘celeb’ or ‘celebrity’, is famous only for getting their photo in the media or being ‘fashionable’. Being a ‘celeb’ is NOT the same as being known for your heroic achievements or solving problems for others.

A ‘hero’ may be in the news, but it’s for what they have done, not what they are wearing or for misbehaving .

• Some heroes act bravely in an emergency. This is fast courage.

• Others persist and do things a little better each day. Long term, their actions may influence many people.

• Some heroes are role models, without even realising. Others are inspired to copy what they do.

Heroes are not perfect, but they can inspire. A hero inspires others to do their best, even under difficult circumstances. Heroes are not perfect. Like all of us, they have strengths and weaknesses but heroes try hard and are passionate about what they do.

Discuss: What makes a hero?

• Is it what you do?
• How you do it?
• Or why

…that may make you a hero?

Perhaps timing matters too?
Maybe it’s all of those?

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Weary Dunlop was a strategic decision maker and acted quickly, often taking risks.

Other times, he persisted in slow, daily improvements, in surgical techniques or better use of limited medical or food supplies in the prison camp.

He also inspired by his example as doctor, leader and sportsman

Many people regard Weary Dunlop as their hero:

- ex POWs, (prisoners-of-war) spoke of the way he saved lives, challenged the Japanese captors on their behalf and kept up the men’s spirits during wartime.
- families of patients on whom he had operated.
- rugby fans.
- those who saw him in action or heard him talk
- medical staff

Some regarded him
- as a risk-taker, prepared to try against all odds, whether operating on difficult cancers, challenging rule-makers, or trying to win a match.
- as a persistent problem-solver with handy ‘make-do’ skills He could improvise crude medical equipment
- as resourceful with limited medical supplies or making his own.
- as caring: He followed up, replying to letters and checking on patients.
- as stoic. He didn’t complain about lack of sleep or food or his own injuries.

"I have a conviction that it's only when you are put at full stretch that you can realise your full potential.”

Weary